

## TANUP PLUS

## Eye Drops

### Composition

Latanoprost 0.05mg/ml & Timolol 5 mg/ml

### Action

Tanup plus eye drops, solution consists of two components: latanoprost and timolol maleate. These two components decrease elevated intraocular pressure (IOP) by different mechanisms of action and the combined effect results in additional IOP reduction compared to either compound administered alone.

Latanoprost, a prostaglandin  $F_{2\alpha}$  analogue, is a selective prostanoid FP receptor agonist that reduces the IOP by increasing the outflow of aqueous humour. The main mechanism of action is increased uveoscleral outflow. Additionally, some increase in outflow facility (decrease in trabecular outflow resistance) has been reported in man. Latanoprost has no significant effect on the production of aqueous humour, the blood-aqueous barrier or the intraocular blood circulation. Chronic treatment with latanoprost in monkey eyes, which had undergone extracapsular lens extraction, did not affect the retinal blood vessels as determined by fluorescein angiography. Latanoprost has not induced fluorescein leakage in the posterior segment of pseudophakic human eyes during short-term treatment.

Timolol is a beta-1 and beta-2 (non-selective) adrenergic receptor blocking agent that has no significant intrinsic sympathomimetic, direct myocardial depressant or membrane-stabilising activity. Timolol lowers IOP by decreasing the formation of aqueous humour in the ciliary epithelium. The precise mechanism of action is not clearly established, but inhibition of the increased cyclic AMP synthesis caused by endogenous beta-adrenergic stimulation is probable. Timolol has not been found to significantly affect the permeability of the blood-aqueous barrier to plasma proteins. In rabbits, timolol was without effect on the regional ocular blood flow after chronic treatment.

### Pharmacokinetics

#### *Latanoprost*

Latanoprost is an isopropyl ester prodrug, which *per se* is inactive, but after hydrolysis by esterases in the cornea to the acid of latanoprost, becomes biologically active. The prodrug is well absorbed through the cornea and all drug that enters the aqueous humor is hydrolysed during the passage through the cornea. Studies in man indicate that the maximum concentration in the aqueous humour, approximately 15- 30 ng/ml, is reached about 2 hours after topical administration of latanoprost alone. After topical application in monkeys latanoprost is distributed primarily in the anterior segment, the conjunctiva and the eyelids.

The acid of latanoprost has a plasma clearance of 0.40 l/h/kg and a small volume of distribution, 0.16 l/kg, resulting in a rapid half life in plasma, 17 minutes. After topical ocular administration the systemic bioavailability of the acid of latanoprost is 45%. The acid of latanoprost has a plasma protein binding of 87%.

There is practically no metabolism of the acid of latanoprost in the eye. The main metabolism occurs in the liver. The main metabolites, the 1,2-dinor and 1,2,3,4- tetranor metabolites, exert no or only weak biological activity in animal studies and are excreted primarily in the urine.

#### *Timolol*

The maximum concentration of timolol in the aqueous humor is reached about 1 hour after topical administration of eye drops. Part of the dose is absorbed systemically and a maximum plasma concentration of 1 ng/ml is reached 10-20 minutes after topical administration of one eye drop to each eye once daily (300 micrograms/day). The half life of timolol in plasma is about 6 hours. Timolol is extensively metabolised in the liver. The metabolites are excreted in the urine together with some unchanged timolol.

### *Latanoprost/Timolol*

No pharmacokinetic interactions between latanoprost and timolol were observed although there was an approximate 2-fold increased concentration of the acid of latanoprost in aqueous humour 1-4 hours after administration of latanoprost/timolol compared to monotherapy.

### **Indications**

Reduction of intraocular pressure (IOP) in patients with open angle glaucoma and ocular hypertension who are insufficiently responsive to topical beta-blockers or prostaglandin analogues.

### **Contraindications**

- Reactive airway disease including bronchial asthma or a history of bronchial asthma, severe chronic obstructive pulmonary disease.
- Sinus bradycardia, sick sinus syndrome sino-atrial block, second or third degree atrioventricular block not controlled with pace-maker, overt cardiac failure, cardiogenic shock.
- Hypersensitivity to the active substances or to any of the excipients.

### **Warnings & Precautions**

#### Systemic effects

Like other topically applied ophthalmic agents, latanoprost/timolol is absorbed systemically. Due to beta-adrenergic component timolol, the same types of cardiovascular and pulmonary adverse reactions seen with systemic beta- adrenergic blocking agents may occur. Incidence of systemic ADRs after topical ophthalmic administration is lower than for systemic administration.

To reduce the systemic absorption.

#### Cardiac disorders

In patients with cardiovascular diseases (e.g. coronary heart disease, Prinzmetal's Angina and cardiac failure) and hypotension therapy with beta- blockers should be critically assessed and the therapy with other active substances should be considered. Patients with cardiovascular diseases should be watched for signs of deterioration of these diseases and of adverse reactions.

Due to its negative effect on conduction time, betablockers should only be given with caution to patients with first degree heart block.

Cardiac reactions, and rarely, death in association with cardiac failure have been reported following administration of timolol.

#### Vascular disorders

Patients with severe peripheral circulatory disturbance/disorders (i.e. severe forms of Raynaud's disease or Raynaud's syndrome) should be treated with caution.

#### Respiratory disorders

Respiratory reactions, including death due to bronchospasm in patients with asthma have been reported following administration of some ophthalmic beta- blockers. Latanoprost/Timolol should be used with caution in patients with mild/moderate chronic obstructive pulmonary disease (COPD) and only if the potential benefit outweighs the potential risk.

#### Hypoglycaemia/diabetes

Beta-blockers should be administered with caution in patients subject to spontaneous hypoglycaemia or to patients with labile diabetes, as beta- blockers may mask the signs and symptoms of acute hypoglycaemia. Beta- blockers may also mask the signs of hyperthyroidism.

#### Corneal diseases

Ophthalmic  $\beta$ -blockers may induce dryness of eyes. Patients with corneal diseases should be treated with caution.

#### Other beta-blocking agents

The effect on intra-ocular pressure or the known effects of systemic beta-blockade may be potentiated when latanoprost/timolol is given to patients already receiving a systemic beta-blocking agent. The response of these patients should be closely observed. The use of two topical beta-adrenergic blocking agents is not recommended.

#### Anaphylactic reactions

While taking beta-blockers, patients with a history of atopy or a history of severe anaphylactic reaction to a variety of allergens may be more reactive to repeated challenge with such allergens and unresponsive to the usual dose of adrenaline used to treat anaphylactic reactions.

#### Choroidal detachment

Choroidal detachment has been reported with administration of aqueous suppressant therapy (e.g. timolol, acetazolamide) after filtration procedures.

#### Surgical anaesthesia

Beta-blocking ophthalmological preparations may block systemic beta-agonist effects e.g. of adrenaline. The anaesthesiologist should be informed when the patient is receiving timolol.

#### Concomitant therapy

Timolol may interact with other drugs, with other medicinal products and other forms of interaction. The use of two local beta-blockers or two local prostaglandins is not recommended.

#### Ocular effects

Latanoprost may gradually change the eye colour by increasing the amount of brown pigment in the iris. Similar to experience with latanoprost eye drops, increased iris pigmentation was seen in 16-20% of all patients treated with latanoprost/timolol for up to one year (based on photographs). This effect has predominantly been seen in patients with mixed coloured irides, i.e. green-brown, yellow-brown or blue/grey-brown, and is due to increased melanin content in the stromal melanocytes of the iris. Typically the brown pigmentation around the pupil spreads concentrically towards the periphery in affected eyes, but the entire iris or parts of it may become more brownish. In patients with homogeneously blue, grey, green or brown eyes, the change has only rarely been seen during two years of treatment in clinical trials with latanoprost.

The change in iris colour occurs slowly and may not be noticeable for several months to years and it has not been associated with any symptom or pathological changes.

No further increase in brown iris pigment has been observed after discontinuation of treatment, but the resultant colour change may be permanent.

Neither naevi nor freckles of the iris have been affected by treatment. Accumulation of pigment in the trabecular meshwork or elsewhere in the anterior chamber has not been observed but patients should be examined regularly and, depending on the clinical situation, treatment may be stopped if increased iris pigmentation ensues.

Before treatment is instituted patients should be informed of the possibility of a change in eye colour. Unilateral treatment can result in permanent heterochromia.

There is no documented experience with latanoprost in inflammatory, neovascular or chronic angle closure glaucoma, in open angle glaucoma of pseudophakic patients and in pigmentary glaucoma. Latanoprost has no or little effect on the pupil but there is no documented experience in acute attacks of closed angle glaucoma. Therefore it is recommended that latanoprost/timolol should be used with caution in these conditions until more experience is obtained.

Latanoprost should be used with caution in patients with a history of herpetic keratitis, and should be avoided in cases of active herpes simplex keratitis and in patients with a history of recurrent herpetic keratitis specifically associated with prostaglandin analogues.

Macular oedema, including cystoid macular oedema, has been reported during treatment with latanoprost. These reports have mainly occurred in aphakic patients, in pseudophakic patients with a torn posterior lens capsule, or in patients with known risk factors for macular oedema. Latanoprost/timolol should be used with caution in these patients.

#### Use of contact lenses

Latanoprost/Timolol contains benzalkonium chloride, which is commonly used as a preservative in ophthalmic products. Benzalkonium chloride has been reported to cause punctate keratopathy and/or toxic ulcerative keratopathy, may cause eye irritation and is known to discolour soft contact lenses. Close monitoring is required with frequent or prolonged use of Latanoprost/Timolol in dry eye patients, or in conditions where the cornea is compromised. Contact lenses may absorb benzalkonium chloride and these should be removed before applying the eye drops but may be reinserted after 15 minutes.

#### *Pregnancy*

##### Latanoprost:

There are no adequate data from the use of latanoprost in pregnant women. Studies in animals have shown reproductive toxicity. The potential risk for humans is unknown.

##### Timolol:

There are no adequate data from the use of timolol in pregnant women. Timolol should not be used during pregnancy unless clearly necessary. To reduce the systemic absorption.

Epidemiological studies have not revealed malformative effects but show a risk for intra uterine growth retardation when betablockers are administered by the oral route. In addition, signs and symptoms of beta-blockade (e.g. bradycardia, hypotension, respiratory distress and hypoglycaemia) have been observed in the neonate when beta-blockers have been administered until delivery. If Latanoprost/Timolol is administered until delivery, the neonate should be carefully monitored during the first days of life.

Consequently, Latanoprost/Timolol should not be used during pregnancy.

#### *Lactation*

Beta-blockers are excreted in breast milk. However, at therapeutic doses of timolol in eye drops it is not likely that sufficient amounts would be present in breast milk to produce clinical symptoms of beta-blockade in the infant. To reduce the systemic absorption.

Latanoprost and its metabolites may pass into breast milk.

Latanoprost/Timolol should therefore not be used in women who are breast-feeding.

### **Adverse Reactions**

For latanoprost, the majority of adverse events relate to the ocular system. Other ocular adverse events are generally transient and occur on dose administration. For timolol, the most serious adverse events are systemic in nature, including bradycardia, arrhythmia, congestive heart failure, bronchospasm and allergic reactions.

Like other topically applied ophthalmic drugs, timolol is absorbed into the systemic circulation. This may cause similar undesirable effects as seen with systemic betablocking agents. Incidence of systemic ADRs after topical ophthalmic administration is lower than for systemic administration. Listed adverse reactions include reactions seen within the class of ophthalmic beta-blockers.

Treatment related adverse events seen in clinical trials with latanoprost and timolol are listed below. Adverse events are categorized by frequency as follows:

very common	( $\geq 1/10$ )
common	( $\geq 1/100$ to $<1/10$ )
uncommon	( $\geq 1/1000$ to $<1/100$ )

rare	(≥ 1/10,000 to <1/1000)
very rare	(<1/10,000)
not known	(cannot be estimated from the available data)

*Nervous System Disorders*

Uncommon: Headache.

*Eye Disorders:*

Very common: Increased iris pigmentation.

Common: Eye irritation (including stinging, burning and itching), eye pain.

Uncommon: Eye hyperaemia, conjunctivitis, vision blurred, lacrimation increased, blepharitis, corneal disorders.

*Skin and Subcutaneous Tissue Disorders:*

Uncommon: Skin rash, pruritus.

Additional adverse events have been reported specific to the use of the individual components of the medicinal product either in clinical studies, spontaneous reports or in the available literature.

For latanoprost, these are:

*Infections and infestations:*

Herpetic keratitis

*Nervous System Disorders:*

Dizziness

*Eye Disorders:*

Eyelash and vellus hair changes (increased length, thickness, pigmentation, and number), punctate epithelial erosions, periorbital oedema, iritis/uveitis, macular oedema (in aphakic, pseudophakic patients with torn posterior lens capsules or in patients with known risk factors for macular oedema), dry eye, keratitis, corneal oedema and erosions, misdirected eyelashes sometimes resulting in eye irritation, iris cyst, photophobia, periorbital and lid changes resulting in deepening of the eyelid sulcus.

*Cardiac Disorders:*

Aggravation of angina in patients with pre-existing disease, palpitations.

*Respiratory, Thoracic and Mediastinal Disorders:*

Asthma, asthma aggravation, dyspnoea.

*Skin and Subcutaneous Tissue Disorders:*

Darkening of palpebral skin.

*Musculoskeletal and Connective Tissue Disorders:*

Joint pain, muscle pain.

*General disorders and Administration Site Conditions:*

Chest pain.

For timolol, these are:

*Immune System Disorders:*

Systemic allergic reactions including angioedema, urticaria, localized and generalized rash, pruritus, and anaphylactic reaction.

*Metabolism and nutrition disorders:*

Hypoglycaemia.

*Psychiatric Disorders:*

Insomnia, depression, nightmares, memory loss.

*Nervous System Disorders:*

Syncope, cerebrovascular accident, cerebral ischemia, increases in signs and symptoms of myasthenia gravis, dizziness, paraesthesia, and headache.

*Eye Disorders:*

Signs and symptoms of ocular irritation (e.g. burning, stinging, itching, tearing, redness), blepharitis, keratitis, blurred vision and choroidal detachment following filtration surgery (see section 4.4), decreased corneal sensitivity, dry eyes, corneal erosion, ptosis, diplopia.

*Ear and Labyrinth Disorders:*

Tinnitus.

*Cardiac Disorders*

Bradycardia, chest pain, palpitations, oedema, arrhythmia, congestive heart failure, atrioventricular block, cardiac arrest, cardiac failure.

*Vascular Disorders:*

Hypotension, Raynaud's phenomenon, cold hands and feet.

*Respiratory, Thoracic and Mediastinal Disorders*

Bronchospasm (predominantly in patients with pre-existing bronchospastic disease), dyspnoea, cough.

*Gastrointestinal Disorders*

Dysgeusia, nausea, dyspepsia, diarrhoea, dry mouth, abdominal pain, vomiting.

*Skin and Subcutaneous Tissue Disorders:*

Alopecia, psoriasiform rash or exacerbation of psoriasis, skin rash.

*Musculoskeletal and Connective Tissue Disorders:*

Myalgia

*Reproductive System and Breast Disorders:*

Sexual dysfunction, decreased libido.

*General Disorders and Administration Site Conditions:*

Asthenia/fatigue.

Cases of corneal calcification have been reported very rarely in association with the use of phosphate containing eye drops in some patients with significantly damaged corneas.

## **Drug Interactions**

No specific drug interaction studies have not been performed with Latanoprost/Timolol.

There have been reports of paradoxical elevations in intraocular pressure following the concomitant ophthalmic administration of two prostaglandin analogues. Therefore, the use of two or more prostaglandins, prostaglandin analogues, or prostaglandin derivatives is not recommended.

There is a potential for additive effects resulting in hypotension and/or marked bradycardia when ophthalmic beta-blockers solution is administered concomitantly with oral calcium channel blockers, beta-adrenergic blocking agents, antiarrhythmics (including amiodarone), digitalis glycosides, parasympathomimetics, guanethidine.

Potentiated systemic betablockade (e.g. decreased heart rate, depression) has been reported during combined treatment with CYP2D6 inhibitors (e.g. quinidine, fluoxetine, paroxetine) and timolol.

The effect on intraocular pressure or the known effects of systemic beta- blockade may be potentiated when latanoprost/timolol is given to patients already receiving an oral beta-adrenergic blocking agent, and the use of two or more topical beta-adrenergic blocking agents is not recommended.

Mydriasis resulting from concomitant use of ophthalmic beta-blockers and adrenaline (epinephrine) has been reported occasionally.

The hypertensive reaction to sudden withdrawal of clonidine can be potentiated when taking beta-blockers.

Beta-blockers may increase the hypoglycaemic effect of antidiabetic agents. Beta-blockers can mask the signs and symptoms of hypoglycaemia

### **Dosage and Administration**

Recommended therapy is one eye drop in the affected eye(s) once daily.

If one dose is missed, treatment should continue with the next dose as planned. The dose should not exceed one drop in the affected eye(s) daily.

#### Method of administration:

Contact lenses should be removed before instillation of the eye drops and may be reinserted after 15 minutes .If more than one topical ophthalmic medicinal product is being used, the medicinal products should be administered at least five minutes apart.

When using nasolacrimal occlusion or closing the eyelids for 2 minutes, the systemic absorption is reduced. This may result in a decrease in systemic side effects and an increase in local activity.

#### Pediatric population:

Safety and effectiveness in children and adolescents has not been established.

### **Over Dosage**

No data are available in humans with regard to overdose with latanoprost/timolol.

Symptoms of systemic timolol overdose are: bradycardia, hypotension, bronchospasm and cardiac arrest. If such symptoms occur the treatment should be symptomatic and supportive. Studies have shown that timolol does not dialyse readily.

Apart from ocular irritation and conjunctival hyperaemia no other ocular or systemic side effects are known if latanoprost is overdosed.

If latanoprost is accidentally ingested orally the following information may be useful:

Treatment: Gastric lavage if needed. Symptomatic treatment.

Latanoprost is extensively metabolised during the first pass through the liver. Intravenous infusion of 3 micrograms/kg in healthy volunteers induced no symptoms but a dose of 5.5-10 micrograms/kg caused nausea, abdominal pain, dizziness, fatigue, hot flushes and sweating. These events were mild to moderate in severity and resolved without treatment, within 4 hours after terminating the infusion.

### **Presentation**

#### **Tanup Plus Eye Drops**

Bottle of 2.5 ml