

ABECEDIN

Tablets

Composition

Each sugarcoated tablet contains:

Vitamin A mg	3000 I.U.	Iron (as fumarate)	18
Vitamin B ₁ mg	2.5 mg	Calcium (as carbonate)	125
Vitamin B ₂ mcg	2.5 mg	Folic acid	800
Vitamin B ₆ mg	2 mg	Magnesium (as oxide)	10
Vitamin B ₁₂ mcg	10 mcg	Iodine (as potassium)	150
Vitamin C mg	150 mg	Manganese (as sulphate)	0.5
Vitamin D ₃ mg	400 I.U.	Phosphorus	23.8
Vitamin E mg	10 I.U.	Copper (as sulphate)	1
Biotin (Vitamin H) mg	25 mcg	Molybdenum (as sodium)	0.1
Nicotinamide mg	30 mg	Zinc (as sulphate)	5
Calcium pantothenate	3 mg		

Action

The vitamins and minerals contained in Abecedin provide the dietary supplement that is required by women during and after pregnancy, in particular, the iron available in it, which prevents iron deficiency anaemia that frequently occurs during pregnancy, thus rendering additional iron therapy unnecessary in most patients.

Abecedin covers the increased requirement of vital substances needed during pregnancy and lactation.

Indications

- Increase requirement of vitamins and minerals during and after pregnancy.
- Inadequate vitamin intake because of problems of nutrition in old age, weight-reducing diets, loss of appetite and chronic alcoholism
- Increase requirements because of acute and/or chronic diseases, convalescence, post surgical state, during and after treatment with antibiotics or chemotherapeutic agents. Prevention of anaemia caused by iron and/or folic acid deficiency

Adverse Reactions

Abecedin is well tolerated. In rare cases, gastrointestinal disturbances e.g. constipation may occur, but these generally do not necessitate withdrawal of therapy.

In certain sensitive women, Abecedin may cause some degree of hyper-stimulation. In such cases, it should not be taken in the evenings.

Dosage and Administration

One tablet daily, taken at breakfast. In cases of morning sickness, it is recommended that the tablets be taken at noon or if necessary, in the evening.

Presentation

Box of 30 tablets

