

VI-CAL

Effervescent Tablets

Composition

1 effervescent tablet contains:
Ascorbic acid (vitamin C) 1000 mg
Calcium (as carbonate) 250 mg
Vitamin D3 300 I.U
Vitamin B6 15 mg

Action

Vi-Cal is a tried and proven calcium preparation. The effects of the calcium are supplemented with vitamins C, D3 and B6. Vitamins D3 and B6 enable the transport and incorporation of calcium into bone, while vitamins C and B6 contribute to bone formation and maturation. The first of these processes is particularly important in the elderly and in persons with osteomalacia (softening of the bones), the second during periods of growth. All of these factors are involved in the healing of wounds and fractures.

Contraindications

- Hypersensitive to any of its ingredients,
- Kidney disease or kidney stones,
- Diagnosed excessive calcium in the blood or urine or
- Hypervitaminosis D (excessive vitamin D)

Indications

- Recommended to meet the body's increased nutritional requirements during periods of growth, illness and convalescence, in the elderly, at times of physical or mental effort and at times of high susceptibility to colds.
- Helps maintain the body's resistance to infection.
- It is recommended in case of rapid physical fatigue. It promotes healing of wounds and fractures, prevents vitamin and calcium deficiency and is suitable for the prevention and treatment of osteomalacia (softening of the bones).

Adverse Reactions

No side effects have been observed with Vi-Cal when taken at the recommended dosage.

Dosage and Administration

One tablet daily. Dissolve one tablet in a glass of water.

Presentation

Box of 10 tablets