

# **DIMESTIL**

**Gel**

## **Composition**

Each gram contains Dimethindene Maleate 1 mg

## **Action**

Dimestil is an antihistamine anti-allergic and antipruritic remedy. *Dimestil* works by blocking H1-histamine receptors and thereby lowers the increased permeability of the capillaries and itching associated with histamine effects. *Dimestil* also exerts antikinin and moderate anticholinergic action.

## **Indications**

Dimestil gel is most frequently used to treat sunburns, itching, nettle rash, insect bites, and mild burns. It can be used after contact with toxic plants, jellyfish, etc. It is also useful in treating allergic reactions to metal (cheap jewels, metal buttons) or exotic foods (tropic fruits).

Dimestil not only protects against allergic reaction, but also reduces the urge to scratch the affected area excessively. This is important because scratching can cause secondary infection, and if continued could turn a simple insect bite into a much more serious problem.

Adults can usually control the urge to scratch, but this is not always the case when dealing with small children. Thus it is important to note that Dimestil gel helps not only adults, but also small children aged 6 months and older.

## **Contraindications**

Hypersensitivity to any component of this product.

## **Adverse Reactions**

Transient and mild signs of local inflammation such as dryness of the skin or a burning sensation

## **Warnings and Precautions**

Avoid application to large areas. Avoid prolonged exposure of treated areas to sunlight. Use the preparation with precautions in children under 2 years of age.

## **Pregnancy**

*Category B*

During pregnancy do not use the drug, unless otherwise directed by the doctor, if so, the gel should not be applied over large areas of skin, nor to eroded or inflamed skin.

## **Nursing Mothers**

The gel must not be applied to the nipples during the breast-feeding period.

## **Dosage and Administration**

Apply to the affected area 2 – 4 times daily.

## **Presentation**

Tube of 30 grams